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TUTORIAL PACKAGE

Human-Centered Change in the Age of Technology

**EXPLORE THE
TUTORIAL PACKAGE**

Change is a Continuous Journey

Quick Tutorial – length: 3:11

Change is a journey! Life and work don't have to be about constantly keeping up with new technologies and tools. Instead, when it's guided by shared goals, open dialogue, and clear responsibilities, change can support our everyday work. This video explores how we can move through continuous change in a more humane, meaningful way.

Your personnel will learn

- 01** Why change should be seen as a continuous process?
- 02** The importance of clear boundaries, shared goals, and open dialogue during change
- 03** How to collectively view changes as opportunities rather than obligations



Learning Is at the Heart of Change

Quick Tutorial – length: 3:39

We humans are not machines: we can't operate at the same speed as software. Yet during a technological change, we're often expected to quickly absorb the new information and turn it into lasting changes in how we work. This video explores why learning, unlearning, experimentation, and even failure take time. And more importantly, why that time is essential for sustainable change.



Your personnel will learn

- 01** How learning turns change into lasting ways of working
- 02** How to create a safe environment where it is okay to experiment, fail, and grow

Clarity and Meaning in Times of Change

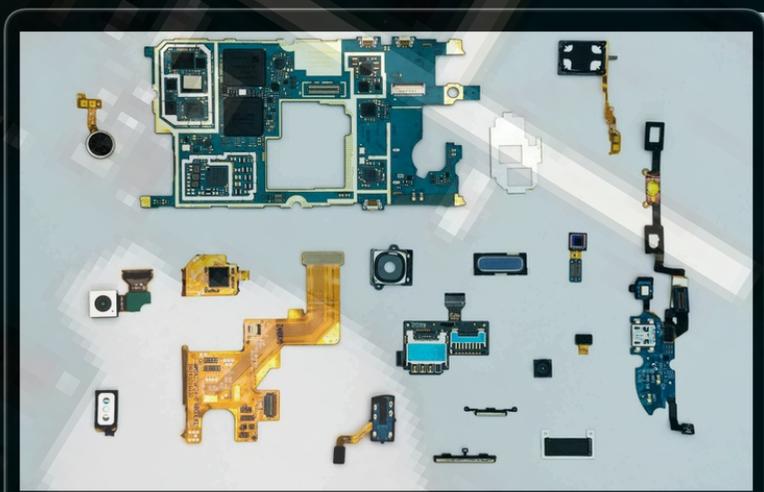
Quick Tutorial – length: 3:24

Most of us have experienced a change process that didn't go as planned. Why do you think that was? What was your role in the process?

Changes are often ambiguous, complex, and uncertain. In these moments clarity becomes essential: understanding the purpose of the change, why it matters, and what is actually changing. This responsibility doesn't rest on leaders alone – we all have a role in making change more meaningful. This video explores how teams can build understanding and meaning together, even in times of uncertainty.

Your personnel will learn

- 01** Why clarity is essential for change processes
- 02** How to create clarity and meaning even in times of uncertainty and complexity
- 03** How to understand your role in finding meaning and creating clarity



Technological Change Is a Human Process

Quick Tutorial – length: 2:42

Technological change isn't just about introducing a new tool – at its core, it's a human change process. In this video we look at why good technology alone doesn't guarantee success. Moreover, we discuss how to create a safe space for people to adopt something new.



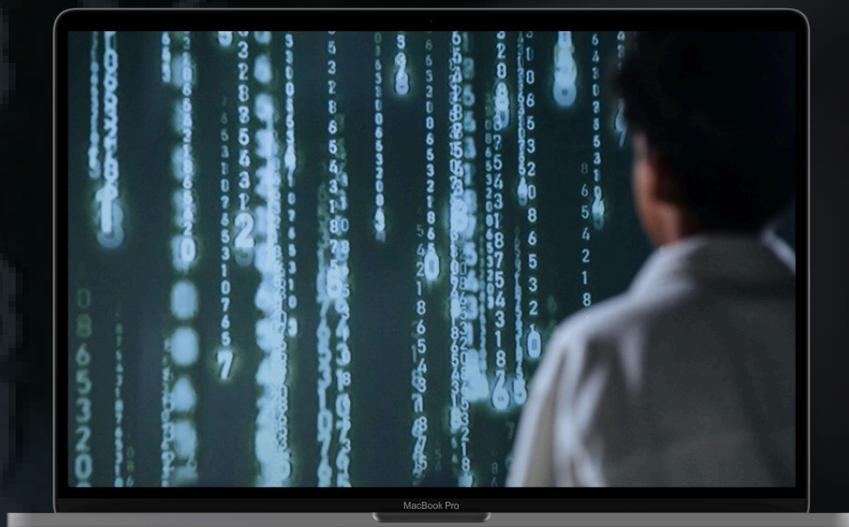
Your personnel will learn

- 01** How technological change is also a human change process
- 02** How emotions, habits, sharing knowledge, and psychological safety influence adoption

People Skills in the Age of Technology

Quick Tutorial – length: 3:06

In this technological transformation and AI era, true competitive advantage comes from human skills: how we collaborate, generate ideas, and interact with one another. This video walks through practical ways to ensure new technology genuinely takes root in everyday work. Watch the video to see how small everyday actions create learning and lasting change.



Your personnel will learn

- 01** Why human skills are a competitive advantage in the age of technological transformation and AI
- 02** What small, everyday actions help adopting new tools and adapting to changes

Three Levels of Change – Individual, Team, and Organization

Quick Tutorial – length: 3:22

Change moves through an organization like ripples on water, it goes through different levels: the individual, the team, and the organization as a whole. This video explores how each level experiences change differently and how to support a lasting transformation, wherever your influence is greatest.



Your personnel will learn

- 01** How individuals, teams, and organizations each experience and influence change differently
- 02** What conditions help every level support successful transformation

Change Can't Be Led Alone

Quick Tutorial – length: 3:17

Change tends to slow down the moment it's left on one person's shoulders. In this video, we discuss how learning and working together can lighten the load for the change leader and help momentum build. The video is suitable for both those leading change, and for those on the change journey.



Your personnel will learn

- 01** Why change cannot be led alone
- 02** The different roles and ways to influence during change

Psychological Safety as the Engine of Change

Quick Tutorial – length: 3:38

Change doesn't fail because of technology, it fails when people don't feel safe to speak up. This video shows why psychological safety is the true engine of successful change. You'll learn how trust, empathy, and open dialogue help teams move from silence to shared learning. If you want change to stick, start by creating a safe workplace where people dare to be honest, curious, and interested in what others have to say.



Your personnel will learn

- 01** Why psychological safety is essential for learning and change
- 02** How to transform difficult emotions and change resistance into shared understanding

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Shall we discuss your situation?

We could explore together how this tutorial package fits with your current training programs, learning paths, or planning for future.

Book a conversation [here](#).



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